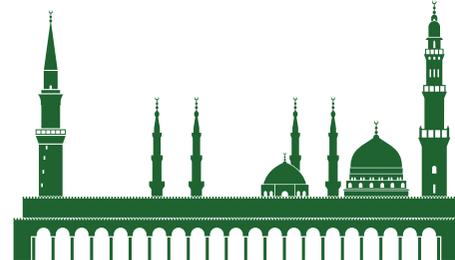


# Quick guide to Umrah



If you are flying to Jeddah to perform Umrah from your home country, it is advised to change into your Ihram prior to departure at the airport. Or alternatively, Saudi Airlines have a small prayer area at the back of the plane you can utilise to change into your Ihram.

Most airlines will make an announcement when 20 to 30 minutes away from Miqat.

Before you pass the Miqat, you must be in your Ihram ready for your two raka'at payer and after doing so make your intention for Umrah.

"O Allah, here I am to perform Umrah. O Allah, I intend to perform Umrah. O Allah, I intend to perform Umrah, so accept it from me and make it easy for me".

If you are arriving from Madinah Al Munawwarah to perform Umrah, it is advised to change into your Ihram at your hotel. The Miqat for Madinah is Dhul Hulayfah (also known as Abyar Ali). This is located about 18 kilometres from Masjid al-Nabawi. At the Miqat you will find Masjid Dhul Hulayfah where you can pray the two raka'at and after doing so, make your intention for Umrah.

"O Allah, here I am to perform Umrah. O Allah, I intend to perform Umrah. O Allah, I intend to perform Umrah, so accept it from me and make it easy for me".

Please note, your driver will stop at Masjid al-Shajarah allowing you time to pray your two raka'at Nafl.

If you are planning on performing another Umrah while in Makkah Al Mukarramah, you can do so by making a visit to Masjid Ayesha (Miqat) which is located approximately 5 miles from the holy Kabaa. It is advised to change into your Ihram at your hotel. Once you arrive at Masjid Ayesha, here you can pray the two raka'at and after doing so make your intention for Umrah.

"O Allah, here I am to perform Umrah. O Allah, I intend to perform Umrah. O Allah, I intend to perform Umrah, so accept it from me and make it easy for me".

Please note, when arranging transport (Taxi) to Masjid Ayesha you should advise the driver to wait for you and transport you back to Masjid Al Haram or your hotel.

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1

You have now changed into your Ihram, prayed your two raka'at and made your intention. You have now entered the state of Ihram.

As you make your way to the Haram, Talbiyah must be recited.

"Labbayka llāhumma labbayk(a), labbayka lā sharīka laka labbayk(a), inna l-ḥamda wa n-ni'mata, laka wa l-mulk(a), lā sharīka lak".



2

As you approach the Kabaa, lower your gaze until you are stood at the point where the Kabaa is directly in front of you. Lift your head up and make your Dua.

The starting point for your Tawaf will be marked with a green light (located across the Black Stone - Hajr-e-Aswad). Your intention for Tawaf must be made prior to arriving at that point (green light). Men must ensure that the right arm and shoulder is clearly visible and not covered in any way by the Ihram before proceeding with the Tawaf. You are then ready to begin your Tawaf.

Your Tawaf will be complete when you have circulated the Kabaa seven times. Each round will start and end at the green light (Black Stone - Hajr-e-Aswad).

At the start of each round raise your hand towards the black stone (Hajr-e-Aswad) and recite 'Bismillah Allahu Akbar'.



3

Once you have completed your seven rounds make your way to the area behind Maqam e Ibrahim and pray two raka'at Wajib al Tawaf.

At this point men can cover their right arm.

After praying two raka'at Wajib al Tawaf make your way to Sa'i (Safa and Marwa).



4

Your Sa'i (walking seven times back and forth between Safa and Marwa) will begin from the side where Safa is located. When you arrive at Safa, face the Kabaa and make your intention to perform Sa'i. Raising your hand and reciting 'Bismillah Allahu Akbar'. You will now begin your Sa'i.

One lap consists of walking from one mountain to the other. You will walk back and forth seven times finishing on the side where Marwa is located.

During each lap you must increase your pace when passing the area marked with green light.

Once you have completed your seven laps, your Sa'i is complete. Upon completion you perform two raka'at Shukrana Nafl.



5

Once the Sa'i is complete and you have prayed two raka'at, you will shave/trim (Halq/Taqsir) your hair.

Once the process of shaving/trimming your hair is complete, the Ihram can be removed and fresh clothing can be worn after showering. Your Umrah is now complete.



Please note this guide is for information purpose only.

